

BIBLE STORY NOTES

THIS MONTH WE ARE LEARNING ABOUT

COMMITMENT

Three things I learned today:

BOTTOM LINE:
PRACTICE PRAYING TO GOD.

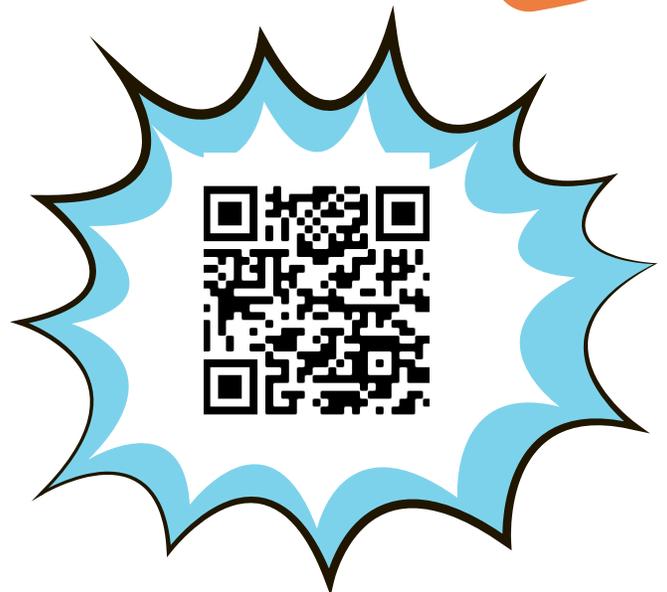
TODAY'S BIBLE STORY:
LIVIN' ON A PRAYER
MODEL PRAYER
LUKE 11:1-4

TODAY'S PRAYER

GOD, WE ARE SO THANKFUL THAT YOU HEAR OUR PRAYERS. WE ARE THANKFUL THAT WE CAN PRAY TO YOU ANYTIME, ANYWHERE, AND ABOUT ANYTHING. THANK YOU THAT JESUS GAVE US AN EXAMPLE OF HOW TO PRAY. THANK YOU THAT HE TAUGHT US THAT WE SHOULD PRAISE YOU, ASK FOR THE THINGS WE NEED EACH DAY, ASK FOR FORGIVENESS, GIVE FORGIVENESS, AND ASK FOR HELP TO LIVE LIKE JESUS. PLEASE CONTINUE TO TEACH US TO COME TO YOU ABOUT ANYTHING. YOU LOVE US SO MUCH, AND WE ARE SO THANKFUL FOR YOUR SON, JESUS. IT'S IN JESUS' NAME WE PRAY. AMEN.

WATCH THE
BIBLE STORY
HERE

SCAN THE CODE TO VIEW
THIS WEEK'S BIBLE STORY



**If you could travel to any time,
when would it be?**

**If you could go
anywhere in the world,
where would it be?**

**If you could ask
for anything, what
would it be?**

What to Do:
Print one for each kid.

"If You Could . . ." Activity Page
May 2021, Week 3, Small Group K1
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Commitment means making a plan and putting it into practice.

Read Psalm 5:3

DAY
1

Can You Hear Me Now?

Did you know that you can talk to God anywhere, anytime? You can talk to God silently with your eyes closed or with your eyes open. You can sing to Him through songs or you can talk to Him out loud. You can talk to Him while you are dancing, walking, sitting, or riding your bike. You can talk to Him at school, at home, outside, inside, or even upside down! You can talk to Him first thing in the morning, at lunchtime, at bedtime or all the time! So when do you like to talk to God? If you aren't sure, pick an option from above and try it out! If you're not sure what to say, here you go.

Dear God, Thank You for loving me and

DAY
2

Hear My Voice

Ask an adult to help you look up Psalm 5:3. This is King David talking to God. This verse tells us how important it is to start your day talking to God. God wants you to talk to Him like you are talking to a friend. He wants to know what bothers us, what makes us happy, what makes us sad, and even when we are afraid. He loves you and cares about everything you have to say. Big or small. So, when you wake up tomorrow, do just as King David did and start your day with prayer.

Remember to start your day off talking to God!

DAY
3

Our Father . . .

Ask an adult to help you look up Luke 11:2-4. This is called the Lord's Prayer. This isn't the exact prayer we have to pray but it's an example of how we can pray. Let's break it down a little more. You can flip this page over, color it. Once you're done with this week, hang it up as a reminder of what we need to pray about! God always wants to hear from you!

Thank God for giving us this example so we can talk to Him.

DAY
4

Prayer Stack

Ask your family to play the prayer stack game with you. Everyone writes one phrase from below on the top of each hand. Race to stack everyone's hands on top of each other. This is a shortened version of what we learned yesterday. Ready? Set. Stack that Prayer! When you are stacked all the way to the top pull hands out from the bottom and keep going!

You're amazing!
Ask

Thank you!
I'm sorry

Thank God for everything He has given us and done for you.

Practice praying to God.

PRACTICE

praying to God.

TELL GOD
HOW
AMAZING
HE IS!

SAY THANK
YOU FOR ALL
HE HAS DONE
FOR US AND
GIVEN US

ASK GOD FOR
WHAT YOU
NEED OR
NEED HELP
WITH

SAY YOU'RE
SORRY FOR
ALL THAT YOU
HAVE DONE
WRONG



Spend some time thinking about the question below and journal your thoughts or share them with a parent.

How do you pray to God?

Journaling lines for the question 'How do you pray to God?'



Day 1

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of The So & So Show.

Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____

Day 2

Read Luke 11:1-4.

Read Luke 11:1-4 silently first, then read just the prayer that Jesus prayed out loud.

There are different translations of the prayer Jesus prayed, and there are many different ways we can talk to God! Jesus was giving us a model—an example—of how we can pray. It's great if you want to memorize His prayer—after all, memorizing God's Word is a great way we can make sure we're hearing God! But remember that Jesus was teaching His disciples how to pray, not exactly what to pray, so feel free to get creative as you model your prayer after Jesus' example.

Day 3

Write out a prayer to God today that is modeled after the prayer Jesus gave His disciples in Luke 11.

“Father, may your name be honored.”

(Praise God by telling Him how great He is)

“May your kingdom come.”

(God's kingdom comes to earth when we love others in His name. Ask God to help you do that in a specific way!)

“Give us each day our daily bread.”

(God wants us to ask Him for what we need, as it shows we recognize Him as our provider. Ask God for something you need every day from Him.)

Forgive us our sins, as we also forgive everyone who sins against us.

(We can ask God for forgiveness when we mess up—and we can ask Him to help us forgive others too!)

“Keep us from falling into sin when we are tempted.”

(Ask God for wisdom to know the right thing, and the strength to actually do it. Be specific about a situation in your life.)

After you've written your prayer, pray it out loud. Then hang it up somewhere you can see it to remind you to practice praying to God.

Day 4

Praying with others is a great way to practice praying to God.

If you've never prayed out loud with others, it can be a little intimidating at first, but like all things, it gets easier with practice!

Find another person who you know prays to God, and ask them if they would pray with you. Take the prayer you wrote out on day 3, and before you pray together, share it with them and explain the different parts of your prayer.

As each of you takes turn praying, use your model prayer as a guide—not reading it word for word as you did on day 3, but following the general model of praising God, asking for help bring His kingdom to earth by showing love to others, sharing your needs, asking for forgiveness, and asking for wisdom and strength to make the wise choice.

Day 5

How do you pray to God?

Where and when do you usually pray? Maybe your family says the same blessing each night over dinner, or maybe you have memorized a prayer you say before bed. Those are great times and ways to pray! Did you know you can pray anytime, and anywhere, saying anything?

In each of the lists below, underline the places you have prayed to God, the times you've prayed, and the things you've asked for.

BEDROOM	HELP
SCHOOL	HEALING
SHOWER	BEDTIME
WISDOM	SPORT PRACTICE
TAKING A TEST	STRENGTH
CHURCH	SUCCESS

Now, go back and circle some places and times where you've never prayed, and things you've never prayed for. Today, make a point to pray in some of those spaces and for some of those things. Tomorrow, pick a few new combos. Mix it up! It may feel a little strange to pray this way, but with practice, you'll find that talking to God wherever you are and no matter what you are doing, comes naturally!

